#### **Affiliate Disclosure**

Last Updated: 2024

At Thoughtful Therapies LLC, we believe in transparency. In compliance with the Federal Trade Commission (FTC) guidelines, this Affiliate Disclosure explains the affiliate relationships we may have with businesses and products mentioned on our website, https://www.thoughtfultherapiesllc.com (the "Website").

## 1. Affiliate Relationships

Some of the links on this Website are affiliate links, which means that if you click on one of the product or service links and make a purchase, we may receive a commission at no additional cost to you. These affiliate links help support the maintenance of our Website and allow us to continue providing valuable mental health content and resources.

### 2. What This Means for You

By using an affiliate link to purchase a product or service, you are helping support Thoughtful Therapies LLC at no additional cost to yourself. We will only recommend products or services that we believe are helpful, relevant, and of value to our readers. However, we encourage you to do your own research before purchasing any product or service online.

### 3. Honest Reviews

Thoughtful Therapies LLC is committed to providing honest and unbiased reviews of products and services. While we may earn a commission through affiliate links, this does not influence our opinions or content. All opinions expressed on this Website are solely our own, and we only promote products that align with the values and mission of our mental health practice.

# 4. Third-Party Affiliates

Affiliate links on our Website may direct you to third-party websites. Thoughtful Therapies LLC is not responsible for the content or privacy practices of these external sites. We encourage you to review the privacy policies and terms of service of any third-party websites you visit.

### 5. Amazon Affiliate Disclosure

As an Amazon Associate, Thoughtful Therapies LLC may earn from qualifying purchases made through affiliate links to products on Amazon.com. This means that if you make a purchase through an Amazon link, we may receive a small commission at no extra cost to you.

### 6. Changes to the Affiliate Disclosure

We may update this Affiliate Disclosure from time to time to reflect changes in our affiliate partnerships. Any updates will be posted on this page with a revised date. Your continued use of the Website after the posting of changes constitutes your acceptance of such changes.

If you have any questions about this Affiliate Disclosure, please contact us at:

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